Dear Parents, Students and Staff,

Congratulations to all of our swimmers for their achievements at today’s Swimming Sports. You clearly demonstrated all the You Can Do It! Qualities. We sincerely thank all the helpers and the many spectators who provided support and encouragement to our participants. Your attendance helped to create a positive and exciting atmosphere for the children as they shared in an activity that promoted sportsmanship as well as having fun. Your presence also demonstrated our school community’s commitment to showing pride in our school and valuing our extracurricular programs.

Grade 5/6 Canberra Camp
We wish our year 5/6 students, staff and parent volunteers all the best for their trip to Canberra next week. Students not attending the camp are expected to attend school. Mrs Green will be providing a full learning program which reflects the learning taking place in Canberra.

Fete News
Our Twilight Australiana Fete is only a few weeks away. The excitement is growing in anticipation of another wonderful community event on our school calendar and those fantastic Fete T Shirts will soon brighten up the playground.

If you are able to offer any assistance on Fete Day—setting up or assisting with a stall please contact a PTA rep or the office to leave your name, and contact details. Remember that all funds raised will help us further improve the learning environment for your children.

IMPORTANT REMINDER:
PUPIL FREE DAY
TUESDAY 12TH MARCH
Our next PUPIL FREE DAY will be held on TUESDAY 12TH MARCH.

Professional training throughout the day will focus on the use of Information Communication Technology in Classrooms, and level 2 First Aid training for Education Support Staff.

Students do not attend school on this day.

Road Safety
School Council will soon be sending out Community Surveys seeking feedback about traffic around our school during peak ‘drop off’ and ‘pick up’ times.

At the start and end of the school day car parks and surrounding streets are very busy. Local police often get many complaints in relation to inappropriate parking and speed issues.

For your information we have included details about school zone parking offences from Victoria Police in the interest of promoting student safety.

DADS…….
We’re not asking for you to buy us Flowers, we don’t need you to put the rubbish out!

However we do need your HELP setting up our Fete. Any keen dads out there willing to lend a hand assembling marquees, tables etc, please fill out the volunteer slip on the back of this newsletter and drop into our office.
Your help would be greatly appreciated.

WE WANT YOU!
Parenting Ideas for ‘Raising Exceptional Kids’ by Michael Grose

Resiliency Robbers

All parents have the best of intentions when raising kids. Wanting what is best for kids can cause parents to make decisions that are not always in their (children’s) long-term best interests.

(Published by Michael Grose Presentations. All rights reserved)

If you buy the line that the promotion of resilience is in the best interests of kids then check out the following common parenting mistakes that reduce children’s resilience.

Robber # 1: Fight all their battles for them

Nothing wrong with going into bat when kids struggle or meet with difficulty inside or outside school but make sure this is the last resort, not the first option.

Resilience notion # 1: Give kids the opportunity to develop their own resourcefulness.

Robber # 2: Make their problem, your problem

Sometimes parents can take too much responsibility for issues that are really up to children to work out or decide. Here’s a clue if you are wondering what I am talking about: a jumper is something a mother puts on her son when she is cold!

Resilience notion # 2: Make their problem, their problem.

Robber # 3: Give kids too much voice

In this era of giving children a voice it is easy to go overboard and allow them too much of a say in what happens to them. Kids often take the easy option to avoid hard or unpleasant situations.

Resilience notion # 3: Make decisions for kids and expect them to adjust and cope.

Robber # 4: Put unrealistic or relentless pressure on kids to perform

Expectations about success and achievement are important. Too low and kids will meet them. Too high and kids can give up. Too much and kids can experience anxiety.

Resilience notion # 4: Keep expectations in line with children’s abilities and don’t put excessive pressure on them.

Robber # 5: Let kids give in too easily

Resilient learners link success with effort. They don’t give up because they don’t like a teacher or when confronted with multi-step or more complex activities. Similarly they don’t bail out of a sporting term half way through the season because the team is not winning or they are not enjoying it.

Resilience notion # 5: Encourage kids to complete what they have started even if the results aren’t perfect.

Robber # 6: Neglect to develop independence

Don’t wait until they are teenagers to develop the skills of independent living. Start early and promote a broad skill set so that they can look after themselves if you are not around.

Resilience notion # 6: Don’t routinely do for kids what they can do for themselves.

Robber # 7: Rescue kids from challenging or stretch situations

There are many times kids are put in situations that are outside their comfort zones for a time. For instance, giving a talk, singing at the school concert or going on school camp may be challenges for some kids. They are all situations that kids usually cope with so show your confidence in them and skill them up rather than opt for avoidance.

Resilience notion # 7: Overcoming challenges enables kids to grow and improve.

Sometimes the manageable hardships that children experience such as a friend moving away, not being invited to a party or completing a difficult school project are fabulous learning opportunities. They help kids to stretch and grow. Dealing with them effectively also teaches kids that they are capable of coping when they meet some of life’s curve balls.

And that is a huge lesson to learn at any age.
SCHOOL ZONE PARKING OFFENCES

A ‘No Parking’ sign means that drivers must not stop in the area indicated by the sign unless they are dropping off or picking up passengers or goods. While stopped drivers are not permitted to leave the vehicle unattended, which means they must remain within 3 metres of the vehicle. The driver must complete their task and drive on within two minutes.

Drivers with a disabled parking permit may stop for twice the allowed time. **Penalty $28**

A driver must not stop in the area shown by the arrows on the sign, even if they are picking up or dropping off passengers. Similarly, drivers must not stop along sections of road marked with a continuous yellow edge line, where older ‘No Standing’ signs are being phased out, but they have the same meaning as ‘No Stopping’. **Penalty $141**

No stopping on a children’s crossing or within 20 metres before or within 10 metres after a children’s crossing. You cannot proceed through the crossing until all people are off the crossing. **Penalty $141**

**Not to stop within 20 metres before or within 10 metres after a sign indicating a bus stop.** **Penalty $85**

You are not permitted to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb. **Penalty $85**

We all understand that pick up and drop off times around schools are very busy.

Do the right thing be aware and be patient, signs are placed around school precincts to protect our kids. Police will enforce breaches of the road rules. A message from your local police

**HAVE YOU RECEIVED THE SCHOOLKIDS BONUS?**

Do you know about the Schoolkids Bonus? It is a new cash payment to help eligible families and students with the costs of primary and secondary school studies. Around 1.2 million families have already benefitted from the first wave of payments in January 2013 – have you?

If you receive a family or income support payment, including Family Tax Benefit Part A, you could be eligible to receive $410 a year for each primary student and $820 a year for each secondary student, with half paid in January and half paid in July.

The Schoolkids Bonus replaces the Education Tax Refund (ETR) and is a much simpler system. You no longer need to collect receipts and payments are made automatically so you don’t have to wait months to make a claim via your tax return. Unlike the ETR you can choose how you use the payment to best support your children’s education – whether it be school books, stationery, uniforms, school fees, or excursions.

Check your eligibility by visiting australia.gov.au/schoolkidsbonus and if you think you might have missed out on the January payment, contact Centrelink – either in person at a Centrelink-Medicare Office or by calling 132 468.

The Department of Education & Kismet Park Primary School does not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education or Kismet Park Primary School for accuracy of information contained in advertisement or claims made by them.
Congratulations to the following students who were awarded ribbons for Pupil of the Week for ORGANISATION:

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
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<tbody>
<tr>
<td>PB</td>
<td>Lucy Hansen</td>
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<tr>
<td>PC</td>
<td>Tex Drew</td>
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<tr>
<td>PT</td>
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<tr>
<td>PW</td>
<td>Madeline Northey</td>
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<tr>
<td>1/2B</td>
<td>Freya Bishop</td>
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<tr>
<td>1/2C</td>
<td>Lexie Spiteri</td>
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<tr>
<td>1/2L</td>
<td>Name not supplied by teacher</td>
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<tr>
<td>1/2M</td>
<td>Jason O’Rafferty</td>
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<tr>
<td>1/2W</td>
<td>Luke Tabone</td>
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<tr>
<td>3A</td>
<td>Jesse Holmes</td>
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<td>3B</td>
<td>Ava Mueller</td>
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<td>3M</td>
<td>Mitchell Duffy</td>
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<td>4J</td>
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<tr>
<td>4S</td>
<td>Tanaya McFarlane</td>
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<td>4W</td>
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<tr>
<td>5/6C</td>
<td>Harry Guyett</td>
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<tr>
<td>5/6G</td>
<td>Ellie Mueller</td>
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<tr>
<td>5/6K</td>
<td>Calan Bowman</td>
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<tr>
<td>5/6N</td>
<td>Name not supplied by teacher</td>
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<tr>
<td>5/6Z</td>
<td>Nijayta Tauhinu</td>
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Important Reminder for Talent Quest Contestants!
All students interested in performing at our Fete, please collect an Entry form from the School Office.

FOUND!!!!
A girls small silver bangle was found in the school yard,
Inscription inside—Charlotte 2012 Nan & Pop
Please see office staff.

2013 Australian Fete Volunteers Form

Name: _____________________________
Child’s Name & Grade: _____________________________
Contact No: _____________________________

I am able to assist—Times Available:

I am happy to receive a call from the Volunteer Co-ordinator: Yes / No
I am able to assist with packing up on the night (7:30pm till finish): Yes / No