### Kismel News

## Building the foundations for success and

Dear Parents, Staff and Students,

We congratulate Maddison Vowles and Hunter Kelly who competed in the Regional Athletics yesterday. We are extremely proud of their efforts and the way they represented Kismet Park Primary School

We also look forward to hearing about our girls' Basketball team who are representing our School in the Division competition this Friday at Boardman Stadium. Good luck girls.

#### SCHOOL DISCO

#### 6:00-8:00 PM FRIDAY 14TH OCTOBER

Preparations are in full swing for our Disco on Friday. Thankyou to all the parents and teachers who have offered to assist on the night. Remember the disco is only available to current Kismet Park Students. Older or younger siblings are not permitted.

Doors open at 5:45 and will be locked at 6:15 pm until 8:00 pm to ensure the safety of all students.

## WALK, RIDE OR SCOOT TO SCHOOL DURING OCTOBER

Vic Health's Walk to School, Walktober is well underway and teacher's have been very impressed with the number of students participating. Walking is a great way to help students get the 60 minutes of physical activity they need each day. Remember schools with the highest participation levels will be eligible for some fantastic prizes. Check out the link below for more information. www.walktoschool.vic.gov.au

### **Contact Us:**

McEwen Drive PO Box 220 Sunbury Vic 3429 (03)9744 4566 E-mail:

kismet.park.ps@edumail.vic.gov.au

#### **MONEYSMART**

Kismet Park has been recognised (once again) as an exemplary school in its delivery of the MoneySmart program in promoting students' consumer and financial literacy. Our students are developing their skills in understanding the language of money and developing skills relating to saving, spending, donating and investing. Students are encouraged to make informed decisions as they journey their way towards becoming more savvy adults.

MoneySmart not only incorporates real life learning within the classroom but also has the added advantage of helping teachers and community members become more informed in taking control of their own finances. Check out this weekend's Herald Sun Check out the weekend's Herald Sun newspaper (23rd Oct) for an article about Kismet Park and MoneySmart.

You may also be interested in the ASIC website at <a href="https://www.moneysmart.gov.au">www.moneysmart.gov.au</a>

Have a great week!

Glenn & Cynthia

#### **Extend OSHC at KPPS**

Ever wanted to solve mysteries, save the world, or even fly? Join us in our Superhero Training Day as you pass 4 areas of training to graduate as a fully fledged Superhero. Incorporating obstacle courses, superhero moves, search and rescue and more!

DATE: Tuesday 18 October TIME: 4.00pm - 5.00pm Cost: FREE! The standard After School Care session rate and terms apply. Simply book in for After School Care as usual. Our Weekly recap—we have had an exciting week at extend learning about all things related to blood and blood donating. There were lots of arts and craft activities to look at what is in blood. We did some science experiments to show what types can mix, and we finished off the week baking some amazing cookies. A 11 the staff at extend Next weeks Activities

Monday
homework club
board game night
Tuesday
Superhero incursion- dont forget
to book your place
Wednesday
bouncey balls
newspaper hockey
Thursday
cricket and netball skills
pictionary challenge
Friday
school yard games
cooking- vegetable slice



#### **DATES TO REMEMBER**

Friday 14th October: PTA Disco at 6:00pm
Friday 14th October: Division Basketball

Tuesday 18th October: Kinder visit to Music at KPPS

SCHOOL CARE

Friday 21st October: Assembly

Tuesday 25th October: Kinder visit—Prep classrooms Friday 28th October: Walktober—whole school

# Engagement & Well-being

## HOW TO TALK MORE WITH YOUR KIDS

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If you were to focus on one thing to give your child an advantage then do what should come naturally – talk with them.

The links between school achievement and parents' ability and propensity to engage in conversation with kids from a young age is indisputable. The language stimulation they receive when they talk with parents is one factor. The language of first born is generally more extensive and richer than their siblings who spend less time in one-onone situations with a parent. But engagement in conversation with parents benefits kyds in a far broader sense. It is trite to say that kids learn a great deal from their parents but, in fact they do when we talk with them.

In many ways it is through conversations that kids get a real sense of us and who we are. It is by talking with kids that we impart some of our knowledge, ideas, wisdom and thoughts as well as how we get a window into their worlds and how they think.

Getting conversations going with kids can be a massive challenge. Busy schedules, homes designed for individual enjoyment rather than group living, and kids that clam up are some of the blockers to conversation that parents meet. So you may need to be a little cunning, a little proactive and a little inventive to get some chat going at home.

Here are five ideas to help you get more conversation going in your family:

1. Turn off the TV (and other screens). Most homes have a range of electronic screens that you compete with to get their attention. Don't be afraid For more ideas, support and advice for all your parto take control of those screens and create a little conversational space.

Start with a screen-free day each week or screenfree hour each day if you are a home full of screen junkies.

- 3. Have more mealtimes (with the TV off). The family that eats together talks together...or they should. I have a theory that families with a strong food culture (i.e. they love food and value the whole eating experience) have strong bonds. So make mealtimes special and insist that kids sit until everyone finishes rather than they eat all their peas. Avoid turning mealtimes into food fights that you can't win.
- **4. Move more.** If sitting and chatting is not your child's thing then try getting them up and moving. Boys will often talk when they walk or play so consider getting some action happening. When their hands are busy the tongues will often loosen up.
- **5.** Try shoulder-to-shoulder parenting. Sitting together in a car, washing dishes and playing a game can provide opportunities for talk. Take the eye contact out of the equation and you may find the talk just flows with some kids.

Every family has their own way of getting the talk happening. Figure out what works for you and make sure it happens. It seems to me that the best communication in families happens when no one is working at it BUT in busy modern families you do need to work at communication. That is the way of it. You have to work hard at family.

enting challenges visit: www.parentingideas.com.au



Big Effort		
Charlotte Graf	PREP	For showing great Improvement in her reading and writing.
Grace Herridge	1/2	For always trying her best in all learning areas.
Phoenix Mudd	3/4	For showing gret improvement in his spelling and writing
Hayley Jardine	5/6	For her persistence and determination in all areas of her learning.
Friendly Act		
Mackenzie Baird	PREP	For including and caring for others in the classroom and outside in the yard.
Lily Kereopa-Ure	1/2	For assisting her classmates in need and seflessly cleaning mess made by others.
Lachlan Bullows	3/4	For being a friendly helpful classmate who always has a smile
Samantha Finn	5/6	For caring and supporting her peers.
Bright Spark		
Jaime Bench	PREP	For showing great focus and doing great work in the areas of English and Maths.
Maya Bassett	1/2	For always having a go when solving a difficult problem.
Deakon Murphy	3/4	For using his mathematical knowledge to assist him when balancing scales
Freya Bishop	5/6	For her excellent improvement in Reading. Well Done!

#### SCHOLASTIC BOOK CLUB.

Notices for the Scholastic Book Club are being sent home today. It is the first Book Club for the term. If you would like to order a book from Book Club, all orders and monies must be returned by lunchtime on **Thursday October**20th

Alternately, you can order your own child's Book Club online using the new LOOP system. If you have any queries regarding Book Club or the LOOP system, or would like some extra brochures, please come and see me in the Library.

Orders usually take about 1 week to arrive and will be delivered to your child's classroom.

Thanks

Jennifer Driver



NAPLAN RESULTS: Please collect your child's NAPLAN results from the school office ASAP.

#### **CLASS PLACEMENTS 2017**

If there is any information that we may not be aware of that may affect your child's class placement next year please put the details in writing or complete the form provided later in this newsletter and forward to the office marked Attention: Mr Glenn McConnell by Friday 30th of October. This is not a teacher / class selection process, but an opportunity to provide information which may assist with your children's social and academic grouping. While all information will be carefully considered we can not guarantee that all needs will be met.

#### **PLANNING FOR 2017**

To assist us with our forward planning we ask any families / students who are moving to another area and not returning to Kismet Park in 2017to notify the school office as soon as possible. This information is critical in terms of class structures and staffing. Thank you for your assistance.

STUDENT PLACEMENT INFORMATION FOR 2017:

Please return to KPPS marked attention: Mr McConnell

Child's Name: \_\_\_\_\_\_ Grade: \_\_\_\_\_

List the special educational needs / conditions that your has that we may not be aware of:

Signed Parent / Guardian: \_\_\_\_\_ Date: \_\_\_\_\_\_

JUNIOR SCHOOL COUNCIL FAB SPELLERS competition—find the spelling mistake in this weeks newsletter and put your entries in the box at the offie.

**YOU ARE NOT ALONE** - a New Sunbury Depression & Anxiety Support Group. Fortnightly 10 October to 12 December. 7-8pm. Suite 5, cohealth 33 Macedon Street, Sunbury. Cohealth office 9971 6200

**FREE EVENING TAI CHI**—on the Village Gteen. 19 October to 7 December. 6—6.45pm. All welcome, bring the kids.